



Webinar Registration Form

Tackling The Growing Mental Health Concern Using Strengths-Based Coaching & Case Management

Thursday, June 6 ~ 1:00-2:00pm (Eastern)

Once the live date has passed, this training will be available on demand.

Overview

Students are entering college with a significant increase in emotional health concerns than seen in previous generations. "Recent studies indicated there are growing numbers of students arriving on college campuses who represent a wide array of mental health challenges and diagnoses, and both university counseling center and college student personnel need to be knowledgeable about those challenges (Barclay, S., 2014)." Along with pre-diagnosed concerns, newly identified "Generation Z" has also shown a decrease in communication skills, distress tolerance, and resiliency.

Research has shown that brief stress management interventions targeting coping and executive function may benefit college students at risk for psychopathology. Two promising avenues for preventive interventions in college students include the development of skills to cope with and regulate emotions in response to stress and the enhancement of executive function skills that are necessary for managing stress and regulating emotions (Bettis, A., Coiro, M., England, J., Murphy, L., Zerkowicz, R., DeJardins, L., Eskridge, R., Adery, L., Yarboi, J., Pardo, D. & Compas, B., 2017).

Coaching is one of the tools that case managers can integrate into their programs to help students develop these skills. At its core, coaching is time-limited and action-based. Several coaching styles can be useful in student support programs, but Gallup's StrengthsFinder, in particular, is being implemented on many campuses throughout the nation because it is a proactive, positive, and holistic approach to student success and development. StrengthsFinder has shown increases in student's confidence toward identifying their personal strengths, accurately assessing their abilities, and applying their strengths to help them learn and engage with others more effectively (Stebbleton, M., Soria, K., Albecker, A., 2012). A strengths-based approach can, therefore, help students develop self-awareness through knowledge of their personal strengths and talents and acknowledging areas of development, which can be very useful in a goal-oriented case management model.

Objectives:

- Gain an understanding of strengths-based coaching as it relates to case management
- Identify specific techniques for integrating strengths-based coaching interventions in a non-clinical case management setting
- Learn strategies to foster resilience and distress tolerance in students through strengths-based coaching interventions

Who Should Attend?

- Administration
- Student Services/Affairs
- Advising
- Case Managers
- Disability Services
- Any educator interested in learning more about case management in higher education



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Speaker(s)



Jamie Molnar, LMHC, QS, has 12 years of clinical and organizational psychology experience, with particular expertise in clinical counseling, coaching, case management, crisis response, and health and wellness initiatives. She earned her B.S. in Psychology from the University of Central Florida and her Masters in Applied Psychology (Clinical) from Murdoch University in Perth, Australia. She is a Licensed Mental Health Counselor, a State of Florida Qualified LMHC Supervisor, and a Gallup-Certified Strengths Coach.

Jamie is an advocate for mental wellness and early intervention. She currently works in clinical practice in St. Petersburg, Florida, provides higher education consulting nationally, and offers online trainings and courses for mind-body-spirit living. She has worked in a variety of clinical settings but spent the last 5 years in higher education working in both clinical and non-clinical roles in Student Affairs. She has experience in college counseling, wellness outreach initiatives, chairing the BIT team, and designing, implementing, and overseeing case management services. She is an active member of the Higher Education Case Manager Association (HECMA) Operations and Strategic Planning Committee and co-authored the 2017 HECMA Member Survey and Analysis Report. She also provides mentorship to new case managers through the HECMA Mentorship program. Jamie currently serves as an affiliated consultant for The NCHERM Group, on the advisory board for the National Behavioral Intervention Team Association (NaBITA) and is an Editor for the National Journal for Behavioral Intervention Teams. She writes and presents regularly on case management in higher education.

Newsletter



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Registration Information

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|---|----------------|--|---------|
| Print Name | | Job Title | |
| Institution/Organization | | | |
| Address | | | |
| City | State/Province | Zip/Postal Code | Country |
| Telephone | Fax | Email | |
| Innovative Educators Password (Choose a password for our records and future registrations) | | Assistant's email (For registration confirmations & pre-conference communication) | |
| How did you hear about this event? (email, listserv, colleague, conference, other) _____ | | | |

Payment Method

You can call us at 303.955.0415 or fax the completed form to 1.866.508.0860. If you would like to mail in the registration form and/or check, please send it to: Innovative Educators, 3277 Carbon Place, Boulder, CO 80301.

Paying by: (select one) Credit Card Check Purchase Order (if applicable) P.O.#: _____
(If you select PO as your payment method, a PO number is required.)

Credit Card



| | | | |
|-----------------|--|----------------|-------------------------|
| Name on card | | Account Number | |
| Billing Address | Billing City | Billing State | Billing Zip/Postal Code |
| Exp. Date | Security Code (last 3 digits on the back of Visa and MC) | | |

Packages & Pricing

Select your webinar package:

\$425 - 1 webinar (Unlimited connections at your institution and recording for one year)
\$900 - 3 webinars (Save \$375)

\$1500 - 6 webinars (Save \$1050)
\$3995 - Purchase Go2Knowledge to receive unlimited access to webinars & recordings for one year (Best Deal!)



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Login Directions

The login directions provide the following information:

- A link and a password for the event.
- A link to test webinar access. Please test your computer prior to the event.
- The date and time of the webinar. Please be sure to reference the time zone converter on the login directions to confirm your event time.
- Audio instructions: You can stream the audio over your computer speakers, but you may want to have a phone available for backup purposes.

You will receive the login directions twice via email. The process is as follows:

- 1 week prior to the live event: You will receive login instructions.
- 1-2 days prior to the event: You will receive a link to the presentation and any additional handouts. Copies can be made for attendees if desired.
- The day of the event: Participants can login to the IE Webinar 30 minutes prior to the start time. Once logged in, participants can see the PowerPoint slides, ask questions, and make comments via the chat feature.
- Participants are encouraged to save and print the login directions to refer to on the day of the webinar.

Site Connections

The basic registration fee allows you to access the webinar from one computer only. If you need multiple site connections, please register for the unlimited price.

Recording Information

The Monday following the live event you will receive a link to the recording, it can be forwarded to all faculty and staff for viewing anytime, anywhere.

Recording Benefits:

- Share the presentation with other staff members
- Pause presentation for convenient viewing
- Review the presentation after the live event
- Train new hires throughout the year
- Show during an in-service training

Technical Details

Innovative Educators uses WebEx as its web conferencing provider. If you have not previously attended a WebEx event, please click here to make sure your computer is compatible with WebEx. Be sure to complete this test prior to the live conference. See system requirements for more information.

What equipment is required?

An Internet connection, computer speakers, and LCD projector are required if a large group is viewing the presentation. Participants can call in via phone if they are having trouble retrieving the audio over the computer. Please be sure to reserve a meeting room prior to the live event that can accommodate these requirements as well as your attendees. You should reserve the room 30 minutes prior to the webinar start time and allow at least 15-30 minutes after the webinar for discussion.

Cancellation Policy

- 30 days prior: Full refund
- 14 days prior: \$100 processing fee
- Less than 14 days: Credit towards another IE event

Satisfaction Guaranteed

We want you to be satisfied with your purchase. For questions, concerns, or problems, please email support@ieinfo.org or call 303.955.0415.